

The Mindfulness Community of Milwaukee is hosting

Embracing Our Ancestors

October 17, 2026

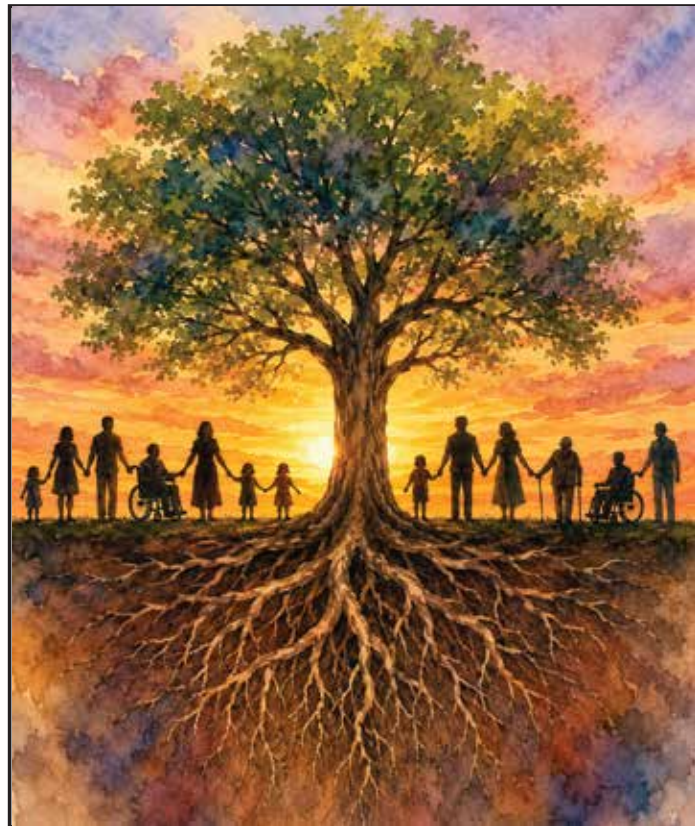
9:00am to 4:00pm

Brookfield Congregational Church

16350 Gebhardt Road, Brookfield, WI 53005

Our Dharma Teacher Brad Wiscons will guide our time together. Looking deeply at how our ancestors of blood, spirit, emotion, and thought are alive within us, we will explore healing our ancestors by healing ourselves. Practices will include a beautiful dance of compassionate looking, loving healing, and joy-filled growth.

~ The \$25 registration fee includes lunch ~



Brad Wiscons is a Dharma Teacher in the Plum Village Tradition, a worldwide practice organization created by Thich Nhat Hanh. He and his wife Brenda are founders of Backyard Dharma in Northern Minnesota. Dana for the practice of our Dharma Teacher is appreciated.



Mindfulness

COMMUNITY OF MILWAUKEE

www.milwaukeeemindfulness.com

To register contact Paul Norton
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